



- *IMPACT Picnic, 2nd Edition* -

IMPACT (INTER)NATIONAL DAY 2025

Support Guidelines

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- **IMPACT Picnic, 2nd Edition** -
June 15, 2025

June is a month of joy. It marks the beginning of summer, the harvest of the school year's efforts, and the eagerly awaited long holiday.

And in June, we have another reason to celebrate: IMPACT (INTER)NATIONAL DAY! Together with all change-makers from the IMPACT clubs all over the world, we celebrate 23 years of being part of this beautiful community.

This year, our celebration theme is sustainable development with a focus on biodiversity, health, environmental protection, and resource conservation. Submit your application [here!](#)

About the Event

On IMPACT (INTER)NATIONAL DAY, we celebrate the "IMPACT force" and showcase a different face of youth – those who want and can make positive changes in their communities.

IMPACT means two essential things: learning and civic involvement, and the (Inter)National Day will bring us closer through a sustainable IMPACT Picnic that follows sustainability principles.

Sustainability has never tasted better! Let's celebrate with experiential learning and sustainable food!

The picnic is a pleasant and memorable learning experience for everyone involved – from children to grandparents! It means fun, but also education on:

- How to prepare a sustainable picnic;
- The ecological footprint of food and the role of local producers;
- Seasonal fruits and vegetables;
- How to cook sustainable meals outdoors;



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- How to avoid food waste during a picnic;
- How to bring the community together for quality time;
- Replacing unhealthy habits with a healthy diet;
- Enjoying nature in harmony with it and with your community.

What Could an IMPACT Picnic Look Like?

- Set up the picnic area with blankets, benches, and zero-waste decorations;
- Bring percussion instruments or invite someone with a guitar;
- Organize community singing;
- Host fun competitions for kids and families;
- Bring balls, frisbees, or other games;
- Cook a sustainable dish (no meat) on a suspended firepit;
- Invite the community with sustainable food, communicating clear expectations;
- Present your club's activities interactively (quizzes, skits, role-play);
- Organize team games like capture the flag, football, volleyball;
- Host short workshops on sustainable food, food waste, recycling, etc.;
- Plan a treasure hunt on sustainability themes;
- Celebrate 23 years of IMPACT with a sustainable cake, take photos and videos, and post them on the IMPACT National Community platform.

Rules for a Sustainable and Safe Picnic

Follow the four focus areas:

1. Biodiversity protection;
2. Health promotion;
3. Environmental protection;
4. Resource conservation.

- Involve local producers as sponsors or workshop hosts;
- Use seasonal, local food in recyclable/biodegradable/bulk packaging;
- Avoid meat, especially grilled;
- Avoid junk food (chips, sodas, etc.);



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- Ban single-use plastic cutlery/plates – use reusable items from home;
- Bring only what you need – avoid waste;
- Choose natural insect repellent and sunscreen;
- Bring reusable water bottles;
- Clean up and sort waste at the end;
- Use designated waste containers or take sorted trash home if needed;
- Avoid charcoal – use bio alternatives like coconut briquettes or electric grills;
- Ensure pets and children play safely without harming nature.

5. Get official permissions for larger public events (city hall, local police, etc.).

Spreading Good Ideas!

Find more inspiration:

- Tips for sustainable eating
- How to organize an eco-friendly picnic
- What to put in a sustainable picnic basket
- Bringing social responsibility into projects

Application Requirements – June 15, 2025 Event

You are eligible if:

- Your IMPACT club is active;
- You are motivated to celebrate and promote your club;
- You can mobilize volunteers: parents, sponsors, school staff, etc.;
- You commit to full sustainability for all items used;
- You can get all the necessary local permits in time;
- You [submit your application](#) by May 29, 2025.

To increase international visibility, let's all celebrate on the same day, June 15, and use the IMPACT symbols!

For more details, contact maria_neagu@noi-orienturi.ro